

## TESTIMONIAL

I owe a lot to Sara Dann! The money I pay her is by no means anywhere near the value of life and living she has gifted me. She has helped me in many ways but particularly in the way I dealt with my marriage break up. I believe she has helped me transform into not only a better partner, parent, child and friend but a person who loves and respects the greater universe and all that is in it.

Ever since my initial visit my whole life now runs with purpose and direction, she helped me find my centre through visualisation and that alone has made significant transformations in my actions and thought processes. I find it hard to accurately describe her intuitive style of life coaching but there is no doubt it is effective and one that has to be experienced for oneself. I endorse her services wholeheartedly.

- *Mauri Ora! J Schuster (Perth WA)*

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Leading the Way to New Horizons

perfection *within imperfection*



evolve  
perfection *within imperfection*

Take that First Step to a  
**NEW YOU** in 2013  
Register Your Interest Today

Are you wanting to make changes in your life,  
but not sure where to start?

Would you like to experience happiness and  
peace regardless of what is going on around you?

Are you wanting to be the best you can possibly be  
and grow to the next level in your personal  
development?

If you answered YES to any one of these questions

Contact Sara:  
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IT'S TIME TO EVOLVE...



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If in doubt, consult your doctor or Naturopath

*It takes extreme heat and pressure to bring a diamond to  
the surface. The treasure is within you – allow the Process  
and Evolve to the Purpose you were intended for.*

- Sara Dann (McDonald) 2013 -

## EXPERIENCE LIFE

Life can be such a rewarding experience, but with all the different hats we wear we can find that we lose our sense of self and sometimes even our sanity! We are very good at being busy. Busy with family, busy trying to spend time and support our friends, busy trying to keep organised and contribute financially or otherwise to our homes whilst juggling a career at the same time!. This can often lead to exhaustion and burnout and often a sense of overwhelm and unhappiness.

The Evolve Workshop has been designed to provide busy people with a forum for Educated Illumination, Inspiration, Transformation, and Reconnection to the most important person in your life - YOU.

The Evolve Workshop will help you find answers and solutions to some of the questions you have about your current life and help you create and live the dream life that deep down you really want. Putting the pieces of your life puzzle together and achieving lasting change and transformation can be as simple as A.B.C.©

**Acknowledge.**  
**Believe.**  
**Change.**

## Through a specially designed Three step process - E.P.R.© you will learn to:

- Evaluate, Process and Remediate through the various areas of your life facilitating educated illumination and lasting change.
- Discover and reconnect with your "true" self R.A.W.© allowing you to claim back your personal power and identity
- Process, Heal, Expand your thinking and increase your belief systems taking you to new horizons of where your life could be.
- Harmonise with universal principles F.L.O.W.© to make creating and living your dream life a pleasurable and exciting journey.

***"Come to a place of self love and acceptance of the beautiful and unique individual you are and have always been"***

## Sara-Louise Dann (McDonald) Life Transformation Coach

Sara's journey within the School of Life has been expansive. She has a passion for seeing people's lives transformed and healed and has great empathy for those who have undertaken suffering as part of their journey.

Sara has over 15 years experience dealing with people in relation to their development as individuals with a purpose and she is dedicated and relentless in assisting her clients with their growth paths and achieving all that they can in this lifetime and as part of this overcoming obstacles that in the past have held them back.

Additionally Sara is a businesswoman who owns her own HR resourcing company servicing high level technical and executive requirements within the resource sector. Previously having been a Director of an engineering and crane hire company for 10 years. She is also a mother of two grown up, wonderful young men. To this effect she is able to relate to a variety of individuals either at a high end business level or at the more personal levels. She has also conducted her own women's motivational conferences and has spoken to various groups around the metropolitan area including Esther Elizabeth House. Additional for a 3 year period she co-ordinated and formulated programs for visits to ex-communist camps in St Petersburg Russia working with orphan children.

She operates from a holistic perspective with highly developed intuitive capability as well as the use of various tools to make your transition easier such as NLP (neuro linguistic programming), hypnosis, release techniques and quantum collapse techniques. She is a strong advocate of individuals taking 100% responsibility and understands and teaches the elements of universal principles as a crucial element of her work.

